

**PRACTICUM IN COUNSELING
COUNSELING 5065**

apply theory and technique learned in the classroom. This course, and the total program curriculum of which it is as a part, is accredited by the Council on the Accreditation for Counseling and Related Educational Programs (CACREP). As such, it is to be taken in its proper sequence to maximize learning through the ULM Interactive Learning Model. This course is an advanced level course. The pre-requisite courses and/or learning experiences are stated in the Practicum Application.

III. EMERGENCY: In the event of a crisis or to prevent a future crisis, contact your site supervisor and faculty supervisor at their given phone numbers.

Even if you have notified your site supervisor or the situation is no longer a crisis, it is important for your university supervisor to be informed.

IV. COURSE PREREQUISITES/COREQUISITES:

Prior to enrolling in Practicum, student must have successfully completed COUN 5005, COUN 5011, COUN 6067, and the Summer Workshop.

V. INSTRUCTIONAL METHODS: Lecture, individual supervision, group supervision, site supervision and/or supervision via videoconferencing, review of written documentation, and formal evaluation at the end of the semester.

VI. COURSE OBJECTIVES

Practicum Objectives/Student Learning Outcomes:

Practicum is designed to refine counseling and interviewing skills and to develop new skills, including individual, couple, family, and group counseling skills. Through effective use of individual/triadic and group supervision, the student is expected to expand his or her repertoire of counseling techniques and interpersonal relationship skills.

Objectives
The student will be able to:
A. Understand the basic principles of human growth, development, wellness, prevention, and learning and how these principles facilitate the learning and counseling process when working with clients;
B. Demonstrate a clear and concise understanding of a, evidenced-based counseling theory;
C. Demonstrate basic counseling skills and techniques appropriate when working with clients; including assessing for addiction, aggression, self-harm, harm to others, suicide risk, etc.

F. Establish and maintain counseling relationships consistent with the Ethical Standards of the American Counseling association, including supervision models, practices, and processes;

G. Skillfully conduct intake and assessment interviews and write concise reports including diagnosis and biopsychosocial case conceptualization from the DMS-5;ICD-1; in school counseling, applies relevant research findings

H. Develop the ability to write concise accurate sessions reports and do so in a timely manner;

I. Establish and maintain constructive, facilitative, and on-going relationship with clients, supervisors, colleagues, through the use of differentiated interpersonal skills;

Addictions
Group Work
Career Counseling
School Counseling

VIII. INSTRUCTIONAL METHODS AND ACTIVITIES

Lecture, individual supervision, group supervision, site supervision and/or supervision via videoconferencing (zoom), review of written documentation, and formal evaluation at the end of the semester.

Class Structure

Time	Activity
Time/day to be determined by Instructor	Check-In Announcements Supervision Brief Client Conceptualizations (Client Bio, Presenting

measured through experiential activities and outcome measures.

IX. EVALUATION AND GRADE ASSIGNMENT:

Satisfactory completion of practicum depends on the

will either be required to repeat Practicum or put on remediation.

Assignment points can be interpreted as the following:

A+ to A- = 100-90%
B+ to B- = 89 80%
C+ to C- = 79 70%
D+ to D- = 69 60%
F = 59-0%

X. CLASS POLICIES AND PROCEDURES

A. Textbook(s) and Materials:

Recommended (Optional):

Hodges, S. (2011). *The Counseling and Practicum and Internship Manual*. New York, NY: Springer.

Kotler, J. (2017). *On Being a Therapist (5th Edition)*. New York, NY: Oxford.

- B. **Attendance Policy:** Class attendance and participation are required. (**Two absences or two missed appointments**, or combination resulting in two misses, will result in lowering of grade by one letter grade or possible repeating of practicum.). A minimum of one and one-half (1 ½) hours per week of group supervision with the university supervisor and other students and one hour per week of site supervision is required for participation.
- C. **Make-up Policy:** There are no make-up assignments and no late assignments accepted unless student can provide official emergency documentation supportive of delay in submission or missed submission. This documentation will need to be submitted to the professor within three weeks of the missed assignment and will be accepted at the discretion of the professor.
- D. **Course Evaluation Policy:** At a minimum, students are expected to complete the online course evaluation.
- E. **Student Services:** Information about ULM student services, such as Student Success Center (www.ulm.edu/studentssuccess/), Counseling Center (www.ulm.edu/counselingcenter/), Special Needs (www.ulm.edu/counselingcenter/special.htm), and Student Health Services, is available at the following Student Services website www.ulm.edu/studentaffairs/.
- F. **Emergency Procedures:** In the event of a crisis or to prevent a future crisis, contact Dr. Matthews immediately by cell phone, (214) 566-0822 or by email cymatthews@ulm.edu. If for any reason you are unable to reach Dr. Matthews, contact Dr. Frusha at office (318) 342.3124 or Dr. Hale at (318) 342-1349.

misconduct, sexual violence, sexual harassment and retaliation. If you encounter sexual harassment or gender-based discrimination, please contact the Title IX Coordinator at 318-342-1004; you may also file a complaint online, 24 hours a day, at: www.ulm.edu/titleix

ULM Counseling Program Practicum Evaluation

Student Name: _____ Date: _____

Practicum Site: _____ Site Supervisor: _____

Please indicate student's skill/performance levels in the following areas by circling the appropriate number. Please keep in mind that faculty members are looking, in part, for growth. A frank evaluation at the end of Practicum may allow for growth to be demonstrated during the Internship phase. Open-ended comments are requested the last page of the evaluation.

(1) Unsatisfactory (2) Adequate (3) Good (4) Very Good (5) Outstanding (N/A) Not Qq()-5(ag6(ag)-7l)-3blutQqOy(f)-3(vd)-7()ET

University of Louisiana-Monroe
Counseling Program
Evaluation of Site and Site Supervisor Form by Student

Student:			
CWID:			
Circle one: Semester:	Practicum	Internship I	Internship II

standards. (CMHC B1; SC B1)					
c. Keeps accurate and timely records. (CMHC B1, D7; SC B1)	N	0	1	2	3
d. Demonstrates sensitivity to real and ascribed power differences between self and others; does not exploit or mislead others during interactions between self					

exists. (CMHC B1; SC B1)					
5. INTEGRITY					
a. Refrains from making statements that are false, misleading, or deceptive. (CMHC B1; SC B1)	N	0	1	2	3
b. Avoids improper and potentially harmful dual relationships. (CMHC B1; SC B1)	N	0	1	2	3

Case Conceptualization Documents

Template

Conceptualization and Treatment Planning Rubric

Introduction _____10pts.

Demographics, chief complaint, signs and symptoms

Supporting Material _____25pts.

Content from the intake to state your case (e.g. strengths and limits, instrumentation, psychotropics, relevant psychosocial background)

Theoretical conceptualization, given the content

Conclusion _____25pts.

General goals at this time and if realistic and obtainable

Does the conclusion bring everything together in a coherent way?

Treatment Plan _____25pts.

Long and short-term goals

Case Conceptualization and Treatment Planning (SAMPLE)

Introduction

Lauren is a 42-year-

