Multicultural Counseling
COUN 6052
Fall Semester
Three Credit Hours

Contact Information

Instructor: Samantha Airhart-Larraga, Ph.D., LPC-S (Texas), LCDC (Texas), NCC
Email Address: larraga@ulm.edu
Office Hours: by appointment
Preferred mode of communication with instructor: email

Please Note: All students are asked to use university provided e-mail accounts when emailing their professor. Students

Course Objectives

Objectives	**CACREP**

Course Topics

Topics covered in this course include:

- Intro to multicultural counseling
- Counseling multicultural populations
- Social advocacy
- Legal and ethical issues
- Cultural identity development
- Developing multicultural competence
- Race, gender, sexuality, and spirituality
- Classism
- Racism
- Disability, Ageism, and Ableism
- Diagnosis and conceptualization

    b. Prejudices
    c. Oppression
    d. Discrimination
4. Significant historical events related to the cultural group
5. Implications for mental health counseling, assessment, and/or career counseling
    a. The effects of power and privilege in counseling this cultural group
    b. Help seeking behaviors of this cultural group
    c. The impact of spiritual beliefs on the cultural group's worldview
    d. Communication style of the cultural group (e.g., eye contact, etc).
6. Theories / models of multicultural counseling that would help you work with this cultural group
7. Strategies for elimination of barriers, prejudices, and process of intentional and unintentional oppression and discrimination of this cultural group
8. Relevant governmental policies/legislation and opportunities for advocacy for the cultural group
9. Resources for members of this cultural group

Learning Objective 4; CACREP Standards 2.F.2.a.; 2.F.2.b.; 2.F.2.c.; 2.F.2.d.; 2.F.2.e.; 2.F.2.f.; 2.F.2.g; 2.F.2.h.; 5.C.2.j.

Evaluation and Grade Assignment

A total of 250 points are available for this course:

130	Discussion Board
20	Cultural Self-Assessment
30	Intersectionality Paper
70	Multicultural Research Presentation
250	Total Points

Grades will be assigned as follows:

A = 225 to 250 points
B = 200-224.975 points
C = 175-199.975 points
D = 150 to 174.975 points
F = 0 to 149.975 points

Date	Topics for the Week	Activities
Week 1 8/16	Chapter 1: The New Reality –	

equal access to programs and services for students with disabilities without creating changes to the essential elements of the curriculum. While students with special needs are expected to meet our institution's academic standards, they are given the opportunity to fulfill learner outcomes in alternative ways. Examples of accommodations may include, but are not limited to, testing accommodations (oral testing, extended time for exams), interpreters, relocation of inaccessible classrooms, permission to audiotape lectures, note-taking assistance, and course substitutions.

Information about ULM student services can be found via these links:

Student Success Center www.ulm.edu/studentsuccess

Counseling Center www.ulm.edu/counselingcenter/

Special Needs at www.ulm.edu/studentaffairs/

Library www.ulm.edu/library/reference.html

Computing Center Help Desk www.ulm.edu/computingcenter/helpdesk

Current college's policies on serving students with disabilities can be obtained on the ULM website : www.ulm.edu/counselingcenter/

If you need accommodation because of a known or suspected disability, you should contact the Director for Disabled Student Services at:

Voice phone : 318-342-5220

Fax: 318-342-5228

Walk-In: ULM Counseling Center, 1140 University Avenue (this building and room are handicapped accessible).

Mental Wellness on the ULM Campus: ng,

If you are having any emotional, behavioral, or social problems and would like to talk with a caring, concerned professional, please call one of the following numbers:

The ULM Counseling Center: 318-342-5220

KPI Assessment (Multicultural Counseling Research Presentation) COUN 6052 Grading Rubric

Pass: as evidenced by receiving a performance level of a 3 on a 5-point scale on each requirement/standard assessed through the assignment.

5 = Advanced: Skills and understanding evident at an exceptional level
4 = Proficient: Strong level of mastery of skills and understanding
3 = Basic: Understanding of concepts/skills evident
2 = Developing: In process of developing understanding of concepts and skills; growth needed
1 = Deficient: Insufficient understanding of concepts and skills; significant remediation needed
Note: Ratings of 3 or above indicate performing well for student's stage of development.

Assignment Specific Requirements and Professional Identity CACREP Standards

	CMHC 5.C.
cultural factors relevant to clinical mental health counseling	2.j

		Performance Level 1-5
Average	(i.e., total scores divided by number of requirements/standards)	
Percentage	(i.e., an average performance level of 3.5 will be 3.5/5 = 70%)	
Total Points	(i.e., syllabus assigns 30 points to assignment – 70% = 21 points)	